



Hummingbird LODGE

Breakfast

8:30am - 11:00am

T-Crew Sandwich ** **\$10.50

Fried egg topped with cheddar cheese, tomatoes, red onions, greens, hash brown rosti, and roasted garlic mayo on a warmed potato scallion bun.
Add bacon or sausage. \$3.75

Parfait Bowl \ ** **\$8.75

House made granola layered with a fruit medley and greek yogurt, topped with flax seeds.

Shred Melt ** **\$12.50

Baked naan with 2 eggs scrambled with shredded potatoes and green onions, topped with melted cheese, sour cream, and salsa.
Add bacon or sausage. \$3.75

Grab & Go

Fruit **\$2.50**

Rice Krispies Square **\$4.00**

Cookie **\$4.00**

Muffin **\$4.50**

Granola Bar **\$4.75**

Sausage Roll **\$4.25**

Chicken Samosa **\$5.50**

served with our mango chutney

Veggie Samosa ** **\$5.50

served with our mango chutney

Stuffed Baked Potato \ ** **\$7.00

Pizza **\$7.50**

Lunch

11:00am - 3:30pm

Kootbano **\$15.00**

Thinly sliced roasted pork served on a warmed baguette with a spicy mustard. Topped with hoisin, swiss cheese, shredded carrot, pickled red onion, and julienned lettuce.

Red Lentil Dahl \ ** **\$15.00

Slow cooked red lentils with jalapeños, onion, garlic, ginger, cinnamon sticks, and curry. Served with naan and over rice, garnished with Greek yogurt, shredded carrot, pickled red onion, and cilantro.

Add smoked pork or tofu. \$4.25

Baked 3 Cheese Sub or Naan ** **\$10.50

Mozzarella, cheddar, and Swiss cheese baked on a sub or naan with roasted garlic mayo. Served with a side of pizza sauce.

The "GO BIG" **\$15.75**

Warmed baguette with roasted garlic mayo, spicy mustard, pepperoni, ham, genoa salami, Swiss cheese, roasted red peppers, and shredded lettuce with our Hummingbird vinaigrette.

Nachos \ ** **\$18.50

Tri-coloured corn tortillas baked with Monterey Jack cheese, olives, banana peppers, red onions. Topped with sour cream and salsa.

\ = Vegetarian

\ = Vegan / Vegan option available

\ \ = Wheat-free / Wheat-free option available



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Hot Beverages

	8oz	12oz	16oz
Hot Apple Cider	\$3.95	\$4.75	\$5.75
Drip Coffee	\$3.50	\$3.75	\$4.00
Virtue Tea		\$3.75	
Americano		\$4.25	
Espresso	\$4.00		
Cappuccino	\$4.50	\$4.75	\$5.25
Latte	\$4.75	\$5.00	\$5.25
Canadiano	\$4.25	\$4.50	\$4.75
Mocha	\$5.50	\$6.00	\$6.50
Chai Latte		\$5.50	\$6.50
Golden Latte	\$5.50	\$6.00	\$6.50
Hot Chocolate	\$4.00	\$4.75	\$5.50
Matcha Latte	\$5.50	\$6.00	\$6.50
London Fog		\$5.75	
Kootenay Fog		\$5.75	
Breve	\$4.50		

<i>Add Flavoured Shot</i>			\$0.75
<i>Substitute Non-Dairy Milk</i>			\$0.75
<i>Extra Espresso Shot</i>			\$1.50
<i>Add 1.5oz of Jameson or Baileys</i>			\$6.25
<i>Paper Cup</i>			\$0.25
<i>To-go Container</i>			\$1.00

Cold Beverages

Juice Box	\$2.75
Bottled Water	\$3.25
Sparkling Water	\$3.50
San Pellegrino	\$3.75
Juice Bottle	\$4.00
Pop Bottle	\$4.00
Gatorade	\$4.00

Alcoholic Beverages

Served after 9am

Jug of Backroads 60oz	\$23.00
Pint of Backroads 16oz	\$7.75
Soma Cider Pint 16oz	\$7.75
Backroads IPA 16oz can	\$8.50
NBC Bent Pole 16oz can	\$8.50
Soma Apple Cider 12oz can	\$7.50
The Strait & Narrow 12oz can	\$7.50
NÜTRL Vodka Soda 12oz can	\$7.50
Olé Cocktail Co. Paloma 12oz can	\$8.00
Mott's Caesar 15.5oz can	\$9.25